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# The Importance of Healthcare Wellness



## WORKPLACE WELL-BEING

Presenter:

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Stuart is a Benefits Consultant with CBIZ, who has been helping clients achieve their goals for over 12 years in the areas of Employee Benefits and Human Capital Management. He has partnered with numerous companies across an array of industries in Pennsylvania and New Jersey, helping them to attract and retain talent. By emphasizing well-being and healthcare consumerism, Stuart has helped his clients lower their risk and reduce their overall healthcare spend.

**About CBIZ:** With more than 100 offices and 4,800 associates in major metropolitan areas and suburban cities throughout the U.S., CBIZ (NYSE: CBZ) delivers top-level financial benefits and insurance services to organizations of all sizes, as well as individual clients, by providing national-caliber expertise combined with highly personalized service delivered at the local level.

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7200A Windsor Drive  
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## Webinar

September 23, 2020 | 10:00—11:30 am

Register in advance for this meeting. Click below:

<https://us02web.zoom.us/meeting/register/tZMvduygqzgtHNAOyYRqurdm8z8zj0GBCTE>

After registering, you will receive a confirmation email containing information about joining the meeting.

In the last five years, wellness/well-being has transitioned from a benefit that's "nice to offer" to an integral part of a company's healthcare program. We will discuss how employers can lower the risk of their employee population, as well as what a successful well-being program looks like. We will discuss the difference between wellness and well-being and why having a well-being program is a critical part of your approach to healthcare, especially if your plan is self-insured, or partially self-insured.

### Why you should attend:

A Well-being Program doesn't have to cost a lot of money or take up a lot of your time and will result in employees that are healthier, more productive and more engaged.

### Target Audience:

CEO, CFO, HR Directors

### No Cost. Registration is required

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