

Change Management

Navigating Transitions with Confidence

Oct. 14, 2025

Feb. 10, 2026

Change Management: Navigating Transitions with Confidence, is an intensive one-day workshop designed to empower attendees with the essential knowledge and practical skills needed to effectively manage and adapt to change within their organizations. Participants will gain a deep understanding of change management principles, explore various models and frameworks, and develop strategies for leading and sustaining change.

Through interactive sessions, case studies, and hands-on exercises, attendees will learn how to overcome resistance and leverage tools to facilitate successful transitions.

Course Highlights



- Equip participants with a solid understanding of change management concepts and practices
- Explore various types of organizational change and the psychology behind resistance to change
- Introduce effective change management models and their application to real-world scenarios
- Provide tools and techniques for overcoming resistance and communicating change

Who Should Attend

This workshop is ideal for professionals at all levels, including managers, team leaders, HR practitioners, and anyone responsible for leading or supporting change initiatives within their organization. It is also beneficial for individuals seeking to enhance their ability to manage personal and professional transitions effectively.

Instructor | Janelle Rabenold, MRC Director, Leadership Development and Training Strategy

Janelle brings a wealth of Leadership and Organizational Development experience to MRC's Operational Excellence Program. As an accomplished professional with over 15 years of dedicated experience in Organizational Development, Janelle excels in guiding individuals and teams toward achieving their personal and business objectives, leveraging her expertise in leadership and talent development. She has earned a reputation as a trusted partner, coach, and facilitator, fostering growth and success for both colleagues and clients alike.

Janelle holds a Bachelor of Science degree in Business Administration from Albright College, and a Master's of Science in Human Resource Management & Learning and Performance Management from Moravian University. Janelle is also a Certified Everything DiSC Practitioner.

More information available at mrcpa.org/events or contact Nicole Pierce at nicole.pierce@mrcpa.org.
WEDnetPA eligible.



Oct. 14, 2025



8:30 AM – 4:00 PM



\$475/person

\$425 before Sep. 16, 2025



Feb. 10, 2026



8:30 AM – 4:00 PM



\$475/person

\$425 before Jan. 13, 2026



**MRC – 7200A Windsor Drive
Allentown, PA 18106**



Register: mrcpa.org/events

Meals and course materials included

*Fees and times subject to change. Visit mrcpa.org/events for current details.