

Train the Trainer

Sep. 16 - Sep. 30, 2025

May 12 - May 26, 2026

Effective training is a crucial aspect of talent development and retention. More than merely an informational download, it's a strategic, well-defined plan facilitated by knowledgeable trainers who know how to engage and motivate learners for the best possible experience and outcome.

Participants explore adult learner characteristics, their preferred learning styles (Visual, Auditory, Read/Write, Kinesthetic), and how to captivate each style. They further examine diverse work behavior styles by utilizing the Everything DiSC® Workplace profile to enhance communication while learning to identify signs of resistance.

In this hands-on workshop, trainers practice coaching, conflict management, and handling classroom challenges, receiving valuable feedback. It perfectly complements the Training Within Industry (TWI) Job Instruction Training Method course, offering a comprehensive training solution for both inexperienced and seasoned trainers.

Course Highlights



- Characteristics of the Adult Learners
- VARK Learning Styles
- Everything DiSC® Workplace Profile
- Navigating Resistance
- Managing Classroom and Participant Challenges
- Creating an Environment for Motivation
- Assessing and Evaluating Learning
- Practical Application with Feedback
- Communication Effectiveness

Who Should Attend

New or Experienced Trainers, Mentors, Coaches, Supervisors, Team Leaders, Managers


Instructor | Janelle Rabenold, MRC Director, Leadership Development and Training Strategy


Janelle brings a wealth of Leadership and Organizational Development experience to MRC's Operational Excellence Program. As an accomplished professional with over 15 years of dedicated experience in Organizational Development, Janelle excels in guiding individuals and teams toward achieving their personal and business objectives, leveraging her expertise in leadership and talent development. She has earned a reputation as a trusted partner, coach, and facilitator, fostering growth and success for both colleagues and clients alike.


Janelle holds a Bachelor of Science degree in Business Administration from Albright College, and a Master's of Science in Human Resource Management & Learning and Performance Management from Moravian University. Janelle is also a Certified Everything DiSC Practitioner.


More information available at mrcpa.org/events or contact Nicole Pierce at nicole.pierce@mrcpa.org. WEDnetPA eligible.


 3 half-day sessions from 8 AM – Noon

 **Sep. 16 – Sep. 30, 2025** (3 days)
Sep. 16, 23, 30, 2025

 \$985/person. \$885 before 8/19/25
Meals and course materials included

 **May 12 – May 26, 2026** (3 days)
May 12, 19, 26, 2026

 \$985/person. \$885 before 4/14/26
Meals and course materials included

 MRC – 7200A Windsor Drive
Allentown, PA 18106

 Register: mrcpa.org/events

*Fees and times subject to change. Visit mrcpa.org/events for current details.